


What is RSS?

RSS stands for Real Simple Syndication. In a nutshell, it is a way to subscribe to get updates from a site delivered to a reader. This video explains the basics:

<http://www.youtube.com/watch?v=0klgLSxGsU>

How do I subscribe?

Subscribing to RSS feeds is easy! Like the above video describes, you just need to do two things: sign up for a reader and sign up for the CARWH feed.

1. Signing up for a RSS reader
 - If you already have a gmail account, logical choices would be Google Reader (<http://www.google.com/reader>) or iGoogle (<http://www.google.ca/ig?>)
 - If you already have a yahoo account, a logical choice would be My Yahoo (<http://my.yahoo.com/>)
 - If you'd rather have an RSS reader that isn't tied to one of these account, another popular one you could try is Bloglines (<http://www.bloglines.com/>)
2. Signing up for the CARWH feed
 - Now that you are signed up for a RSS reader, this is the easy part. Just click on the RSS icon  for the desired feed and choose your reader.